

The Helmet Of Hope 4016

I. Introduction

- A. Derek's experience with depression and his deliverance.
 - 1. Isaiah 61:3—Depression and the reality of the spirit of heaviness. Recognizing your enemy.
 - 2. Joel 2:32—The promise of deliverance comes by calling on the name of the Lord. Deliverance is maintained by the renewing and control of the mind; your thought life.
- B. Eph. 6:10–18—The complete armor of the Christian. Protection for the *mind* is provided by the *helmet*.
- C. 1 Thess. 5:8—The helmet is “the *hope* of salvation.”

II. The Place Of Hope In Christian Experience

- A. 1 Cor. 13:13—The three abiding realities: faith, hope, love
- B. Rom 10:10—With the *heart* man *believeth*. Scriptural *faith* is in the *heart*, but *hope* is in the *mind*.
- C. Rom. 8:28—Every Christian who is called of God, and walking in the purposes of God, has this scriptural basis for unfailing *optimism*.
- D. Rom. 4:18—Abraham “believed in hope.” His hope was based on his faith.
- E. Heb. 11:1—Faith is the *basis* of all true hope.

III. The Importance Of Hope

- A. Rom. 8:24—We are *saved* by *hope*.
- B. Rom. 15:13—Through our faith, the power of the Holy Spirit enables us to *abound* in *hope*.
- C. Eph. 2:12—The condition of the lost: without God, without Christ, without hope.
- D. Col. 1:27—Conversely, when you have “Christ in you,” you have “the hope of glory”—a sure expectation of unending ages of glory in the presence of God.
- E. Heb. 6:18–20—Two beautiful pictures of *hope*:
 - 1. A place of refuge, like the horns of the altar
 - 2. An anchor of the soul

A ship passes its anchor through the unstable element of water into the stable element of rock. The world in which we live is like water—unstable, impermanent, insecure. But our hope is Christ is an anchor, that passes out of time into eternity, and fastens us to the “Rock of Ages.”